

Profiles of Integrated Care: North Central Mental Health Services Nurse Outreach Team



Description

North Central Mental Health Services (NCMHS) started its Nurse Outreach Team to increase the life span of clients with severe mental illnesses; promote the integration and mental and physical health care; promote better client access to and use of physical health care; prevent poor physical health status from contributing to cognitive or affective dysfunction, and vice versa; and to promote overall health, function, and longevity.

The Nurse Outreach Team currently serves 100 clients. In addition to case management services, these clients receive regular visits from a nurse who closely and consistently follows their progress. The clients also see a psychiatric nurse practitioner at least monthly.

Operational Resources

The Nurse Outreach Team includes a team leader, nurse practitioner, four outreach nurses, and three case managers. The team leader is a shared resource and also leads an older adult team. The nurse practitioner also sees clients who aren't involved with the team, but his primary responsibility is the Nurse Outreach Team. The Nurse Outreach Team is organized like other treatment teams at NCMHS and is integrated into all NCMHS quality improvement and program evaluation initiatives.

The outreach nurses visit the patients in their homes, so there are no special physical plant requirements for their needs. The nurse practitioner sees clients in a NCHMS clinic office.

Financial Resources

NCMHS received a grant from the Franklin County Alcohol, Drug Addiction and Mental Health Services Board (ADAMH Board) to start and sustain the project until it reaches full capacity. The team will be sustained through Medicaid and state and local dollars through the ADAMH Board.

Program Type



Direct clinical service



Psychosocial/psychoeducational



Agency practice



Workforce development



Other

Location



Mental health or substance abuse treatment agency



Community



Primary care provider office



Hospital

Provider



Primary care



Mental health or substance abuse treatment



Consumer



Trainer/consultant



Other

The scales below are meant to be at-a-glance graphic descriptions of this provider's perspectives of issues related to integration projects. For more information, please contact the provider or the Ohio Coordinating Center for Integrating Care.

Cost



Staffing



Ease of Implementation



Contact information

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