

# Profiles of Integrated Care: Ohio Coordinating Center for ACT



## Description

Assertive Community Treatment (ACT) serves individuals diagnosed with a severe and persistent mental illness and who experience a low level of functioning, frequent hospitalizations, and/or involvement in the criminal justice system. Traditionally, ACT best serves 5–10% of the highest users of the mental health system. The goal of ACT is to engage individuals with severe mental illness in services which promote holistic health.

Due to their severe symptoms, these individuals commonly have a history of neglecting their physical health needs. ACT teams facilitate addressing these needs through recognition of physical health issues, frequent home visits in order to assess lifestyle and potential threats to physical health, and connecting to and collaborating with primary care clinics and medical staff to develop a fluid plan for overall health of the individual being served.

## Operational Resources

The Ohio Coordinating Center for ACT (OCCA) provides technical assistance and training for community's in starting, improving, and sustaining ACT Teams. At the program level, ACT teams employ a psychiatrist, nurse, substance abuse treatment specialist, vocational specialist, therapist, mental health professional, and a peer (a person with mental illness who provides peer support).

## Financial Resources

OCCA received start-up funding from the Ohio Department of Mental Health. It sustains itself through consulting and training contracts with organizations interested in ACT. ACT teams are often started and sustained by traditional mental health dollars (Medicaid and other insurance billing), county mental health board funds, grants, and other revenue sources of the implementing organization.

### Program Type



Direct clinical service



Psychosocial/psychoeducational



Agency practice



Workforce development



Other

### Location



Mental health or substance abuse treatment agency



Community



Primary care provider office



Hospital

### Provider



Primary care



Mental health or substance abuse treatment



Consumer



Trainer/consultant



Other

*The scales below are meant to be at-a-glance graphic descriptions of this provider's perspectives of issues related to integration projects. For more information, please contact the provider or the Ohio Coordinating Center for Integrating Care.*

### Cost



### Staffing



### Ease of Implementation



## Contact information

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