

Profiles of Integrated Care: Recovery Center Psychosocial Groups



Description

The Recovery Center of Hamilton County is a consumer-run center that serves people with mental illnesses who live in Hamilton County. The Recovery Center's environment of learning promotes wellness and personal growth and empowers people in recovery to live more meaningful lives in the community. The center offers a variety of self-help, peer support, educational, vocational, and community involvement activities, including physical and mental health wellness classes, computer classes, art classes, job readiness classes, support groups, and personal growth classes. Two of the psychosocial groups are the Wellness Management and Recovery Group and the Weight Management Support Group.

In the Wellness Management and Recovery Group, participants focus on developing skills and positive self-expectations and promoting self-efficacy. In the Weight Management Support Group, participants set a goal to lose 1" from their waistline in 10 weeks. The group meets regularly to talk about progress and offer each other suggestions for how to meet that goal.

Operational Resources

The Recovery Center has two full-time staff, three part-time staff, nine substitute workers, and several volunteers. It is fiscally and administratively managed by Greater Cincinnati Behavioral Health Services and IKRON Corporation. It is housed in a two-story, all-accessible building with two computer labs, a large meeting room, an art room, several group rooms, and an exercise room.

Financial Resources

Initial funding was provided by the Hamilton County Mental Health and Recovery Services Board and The Health Foundation of Greater Cincinnati, and sustained funding by the Hamilton County Mental Health and Recovery Services Board and a variety of private donations and mini grants.

Program Type



Direct clinical service



Psychosocial/psychoeducational



Agency practice



Workforce development



Other: Exercise

Location



Mental health or substance abuse treatment agency



Community



Primary care provider office



Hospital

Provider



Primary care



Mental health or substance abuse treatment



Consumer



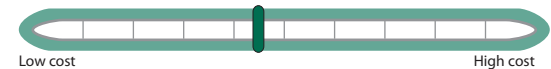
Trainer/consultant



Other

The scales below are meant to be at-a-glance graphic descriptions of this provider's perspectives of issues related to integration projects. For more information, please contact the provider or the Ohio Coordinating Center for Integrating Care.

Cost



Staffing



Ease of Implementation



Contact information

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