

Profiles of Integrated Care: Tobacco Recovery Across the Continuum (TRAC)

Description

The Tobacco Recovery Across the Continuum (TRAC) model was designed to help consumers with serious mental illnesses stop using tobacco products. It is a consumer-driven, stage-based, motivational approach to whole health recovery and helps consumers who use tobacco products address the wide variety of issues they face. The model incorporates the following guiding principles: organization-wide effort; integrated approach; ongoing assessment; stage-based, motivational interventions; group and individual services; communication across disciplines; getting a consumer's natural supports involved; psychopharmacological interventions; and outcomes monitoring. More information can be found at www.ohiotobaccorecovery.case.edu/.

Operational Resources

The Center for Evidence-Based Practice at Case provides consultation, training, and implementation support to agencies seeking to offer tobacco related interventions to individuals with severe mental illness. Among its staff members are psychiatrists and licensed social workers, mental health counselors, and addictions counselors, as well as experienced administrators and researchers. The Center will work with agencies to implement TRAC according to their resources.

Financial Resources

This project is currently in the second year of a two year Department of Health Grant in collaboration with the Ohio Department of Mental Health and the Ohio Department of Alcohol and Drug Abuse Services. The Center plans to work with a number of pilot sites on implementing the TRAC model.

Interested agencies can seek start-up and sustaining sources of funding through a variety of sources such as federal grants, targeted stakeholder grants, private foundations, county and state health departments, community funder allocations, and pharmaceutical companies.

Program Type



Direct clinical service



Psychosocial/psychoeducational



Agency practice



Workforce development



Other

Location



Mental health or substance abuse treatment agency



Community



Primary care provider office



Hospital

Provider



Primary care



Mental health or substance abuse treatment



Consumer



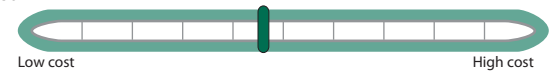
Trainer/consultant



Other

The scales below are meant to be at-a-glance graphic descriptions of this provider's perspectives of issues related to integration projects. For more information, please contact the provider or the Ohio Coordinating Center for Integrating Care.

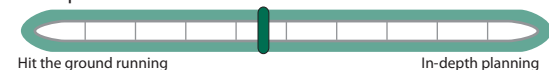
Cost



Staffing



Ease of Implementation



Contact information

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